



**INSTRUCTIONS FOR THE PATIENT RECEIVING  
GENERAL, REGIONAL OR IV SEDATION**

**\*\*Have you notified your Insurance Company?  
Most require preauthorization for payment!!!\*\***

**Patient Instructions for Surgery/Procedure**

**THE MORNING OF YOUR SURGERY:**

1. DO NOT EAT OR DRINK ANYTHING. Ask your doctor if you should take your usual medication with a SIP of water. Bring a list of medications with you.

A. If you are **diabetic** and require insulin injections, please check with your physician regarding the dosage if any for the day of surgery.

B. If you take **blood pressure medicines, or any heart medications**, take your morning doses as usual with a sip of water. If you wear a nitroglycerin or blood pressure patch, apply it as usual on the morning of surgery.

C. If you take **blood thinners (coumadin, heparin, aspirin)**, please ask your doctor for specific instructions regarding these medications prior to surgery. Your physician may request that you stop these several days prior to surgery.

D. If you have **artificial heart valves, endocarditis or recent joint replacements**, please check with your physician to see if any antibiotics will be required preoperatively.

A. If you suffer from a **seizure disorder**, be sure to take your usual dose of anticonvulsant on the morning of surgery with a sip of water.

B. If you are taking **any** herbal supplements, vitamins or diet pills, please notify your physician or Nurse Anesthetist.

2. Please inform the nurse if you have a latex allergy.

3. DO NOT CHEW GUM and/or tobacco.

4. Please do not smoke on the day of your surgery.

5. Brush your teeth but **DO NOT SWALLOW** any of the water.
6. Wear no make-up.
7. Remove nail polish and artificial nails from at least one finger. No toenail polish for foot surgery.
8. Bring a container for your contact lenses, eye glasses or dentures.
9. Wear comfortable, loose-fitting clothes. We will provide a gown for surgery.
10. Leave all valuables at home including jewelry, credit cards and large sums of money. (The hospital cannot assume responsibility for lost valuables.)
11. Bring a responsible adult who will drive you home after you are discharged. Your surgery may be cancelled if you do not have arrangements made.

**A. All minors (18 years of age and under) must be accompanied by one parent or legal guardian.**

12. For the child having surgery, please bring a book or favorite toy for them to play with while waiting to go to surgery. We try to schedule our young patients as early during the day as possible.
  13. If you will be using special equipment after surgery, such as crutches, please bring them with you to the hospital.
  14. Preadmission testing: Depending on the type of surgery and your general physical condition, your doctor may order certain tests to be completed prior to your surgery. If tests were ordered, these need to be completed up to 30 days prior to surgery. We strongly recommend that you have the preadmission tests completed at least 3 to 4 working days before surgery with the exception of pregnancy tests. Pregnancy tests are required on all females of childbearing age (if female has started menses, she is considered of childbearing age) within 24 hours of surgery unless the female has had a previous Hysterectomy. These may be completed at our hospital or an approved laboratory designated by your doctor. An Ambulatory nurse will be contacting you prior to surgery for an interview and to obtain a nursing history. **If you have not been contacted within 24 hours prior to your surgery, please phone 532-4167 and leave a phone number where you can be reached.**
- Please feel free to phone us at 532-4167 Monday through Friday from 7 a.m. to 3 p.m with any questions.

15. History and Physical: If you are seeing a specialist, you may be asked to return to your primary physician for a history and physical prior to your surgery. Please have their office fax us a completed copy (532-4453). History and Physicals for outpatient surgery must be completed within 30 days of the procedure. Surgical procedures that require an inpatient admission must have the History and Physical completed within 7 days of the procedure.

**Anesthesia:**

As an independent provider of medical services, Vigilant Anesthesia Incorporated has a direct relationship with you, the patient, which is distinct from the hospital and your physician/surgeon. Therefore, you will receive a separate bill from Vigilant Anesthesia Incorporated for the anesthesia services provided. Since we are not a party to the agreement between you and your insurance carrier, it is our policy that payment for services be coordinated with your insurance carrier. A claim will be processed with your insurance carrier, as a courtesy to you. If a balance remains after all benefits are paid, it is your responsibility to satisfy the amount due in a reasonable time, usually 30 days. Whether benefits are paid directly to you or our office, you will remain financially responsible for all charges.

In accordance with the hospital, we accept assignment for Medicare and Illinois Medicaid. Accepting assignment means we will consider the amount allowed by your carrier as your total obligation owed once co-insurance and deductibles are met. We also participate with the majority of insurance carriers for our services. For Billing questions or to see if we are participating with your health insurance plan you may call the Billing Service at 1-877-283-3510.

**Anesthesia:**

Anesthesia is the combination of analgesia (pain relief) and amnesia (decreased consciousness) used during procedures at the hospital. If your procedure is minor, you may need only local anesthesia to numb the surgical site. For other surgeries, your anesthesia services will be provided by a professional nurse anesthetist, through an independently contracted service, for the hospital. The anesthetist will discuss anesthetic alternatives with you prior to surgery which may include:

Regional Anesthesia- numbs one region of your body, for example: Bier Block, Spinal or Epidural.

Intravenous (IV) Sedation-will make you drowsy or sleepy and less anxious.

General Anesthesia-will put you completely to sleep for the Procedure.

## **AFTER YOUR SURGERY:**

1. You may be taken to the Recovery Room for about 30 minutes to one hour.
2. Afterwards, you will return to your patient room until discharge.
3. Prior to your discharge, you will be given written home care instructions. Please follow them closely.
4. After you return home, if you have any questions, or should problems arise concerning your procedure, please contact your physician. If you are unable to contact your physician, you may call the hospital at 532-6111.
5. A staff member from the hospital will call following your surgery to check your progress.

**Charges:**

**Surgery:**

Hospital costs for your surgery will vary according to procedure.

Hillsboro Area Hospital

1200 East Tremont

Hillsboro, IL 62049

Phone #: 217-532-6111

For assistance with your bill, please call 217-532-6111.

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Since we are not a party to the agreement with your insurance carrier, it is our policy that payment for services be coordinated with your insurance carrier. If a balance remains after all benefits are paid, it is your responsibility to satisfy the amount due in a reasonable time, usually 30 days. Whether benefits are paid to you or directly to our offices, you will remain financially responsible for all charges.

In accordance with the hospital, we accept assignment from the majority of insurance carriers for our services. Accepting assignment means we will consider the amount allowed by your carrier as your total obligation owed once co-insurance and deductibles are met. \*\*\*For billing questions, you may phone the billing service at 1-800-835-2231.

**Radiology:**

If you had x-rays taken at the hospital, you will receive a separate billing from the doctor that reads them.

Clinical Radiology Phone#: 800-255-8388

944 N. First Street

Springfield, IL 62702

**Surgeon's Bill:**

You will receive a separate bill from the surgeon performing your surgery.

**Thank you for choosing Hillsboro Area Hospital ☺**