



September 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Exercise w/ Marcia
2 9:45 Church Service w/Ralph Ward	3 	4 9:30 Exercise 1:30pm Pedicures at the Beauty School in Litchfield 	5 9:30 Exercise 10:15 Men's Meeting Lunch Music w/Carla 2:00 Manicures	6 7:30 Breakfast at Grandma's Kitchen Mix-It Up Lunch 2:00 Movie	7 9:30 Exercise 2:00 Rosary w/Dee 6:30 Late Night Bingo 	8 9:30 Exercise w/ Shirley
9 Grandparents Day 9:45 Church Service w/Mark Noyes 	10 9:30 Exercise 10:30 Fusion 1:15 Menu Meeting 7:00 Historical Society Meeting	11 9:30 Exercise 1:30 Bingo 	12 <u>National Chocolate Milkshake Day</u> 9:30 Exercise 10:15 Men's Meeting Lunch Music W/Beth 2:00 Baking Bread	13 9:30 Exercise 10:30 Fusion Mix-It Up Lunch 2:00 WII Bowling	14 9:30 Exercise 2:00 Mass w/Father Dan 2:00 Bible Study w/Ed Fogle	15 9:30 Exercise w/ Marcia 
16 Tremont Ridge Friends & Family 12-2pm 	17 <u>National Apple Dumpling Day</u> 9:30 Exercise 10:30 Fusion Lunch Music w/ Denise 1:15 Menu Meeting	18 9:30 Exercise Lunch Music w/ Peggy 2:00 Manicures	19 9:30 Exercise 10:15 Men's Meeting 2:00 Making Gifts & Cupcakes	20 9:30 Exercise 10:30 Fusion 11:00 Rosary w/Char Mix It Up Lunch 2:00 Birthday Party 	21 9:30 Exercise 6:30 Late Night Bingo 	22 9:30 Exercise w/ Shirley 2:00 Wildflower Conspiracy Music
23 9:45 Church Service w/ Albert Oberle 30 9:45 Songs & Scriptures w/Marcia	24 9:30 Exercise 10:30 Fusion 1:15 Menu Meeting 2:15 Movie	25 10:00 Leaving for Springfield LUNCH at O'Charley's 1:30 Touring the Governor's Mansion	26 9:30 Exercise 10:15 Men's Meeting Lunch Music w/ 2:00 End Of Summer Bingo w/ St. Paul's	27 9:30 Exercise 10:30 Fusion Mix it up Lunch 2pm Rosary w/ Jane	28 <u>National Strawberry Cream Pie Day</u> 9:30 Exercise 2:00 Games	29 <u>National Coffee Day</u> 9:30 Exercise w/Marcia

Activities subject to change